THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

Seizures (Pediatric)

- **CFR AND ALL PROVIDER LEVELS**
 - 1. Protect the patient from injury.
 - 2. ABCs.
 - 3. Airway management:
 - a. Position the patient to maintain airway patency.
 - b. Do not attempt placement of OPA during convulsions.
 - c. Consider use of NPA during active seizures, if available.
 - 4. Avoid unnecessary or excessive restraint.
 - 5. Administer oxygen.
 - 6. Treat all injuries as appropriate.

CFR STOP

EMT

- 7. Measure blood glucose level.
 - a. If the glucometer reading is below 60 mg/dL, refer to the Altered Mental Status (Adult and Pediatric) protocol.
- 8. Request ALS assistance for ongoing or recurring seizures at time of patient contact.
- 9. Transport.

EMT STOP

Paramedic

For patients experiencing seizures that are ongoing or recurring:

- 10. Determine blood glucose level prior to administration of Dextrose or Glucagon.
- 11. Administer Glucagon 1 mg IM/IN.
 - a. NOTE: If the glucometer is above 60 mg/dL, Dextrose and Glucagon should be withheld.
- 12. If the patient is still seizing, administer Midazolam 0.2 mg/kg, IM or IN. (Maximum dose is 5 mg)
 - a. IN is the preferred route of administration.
- 13. During transport, or if transport is delayed:
 - a. Intravascular access. (Attempt IV access no more than twice.)
 - b. Administer Dextrose 0.5 mg/kg IV bolus:
 - i. Use 10% Dextrose in patients less than or equal to one (1) month of age.
 - ii. Use 25% Dextrose in patients greater than one (1) month of age and less than 15 years of age.

Paramedic STOP

Medical Control Options

- If seizures persist administer one of the following:
- 1. Lorazepam 0.1 mg/kg IV/IN bolus, slowly over 2 minutes.

a. Repeat doses of Lorazepam 0.1 mg/kg, IV/IN, may be given if seizures persist. OR

2. Diazepam 0.2 mg/kg IV bolus slowly over 2 minutes.

a. Repeat doses of Diazepam 0.2 mg/kg, IV bolus, may be given if seizures persist. OR

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- 3. Midazolam 0.2 mg/kg IV bolus, slowly over 2 minutes, OR 0.2 mg/kg IN/IM when there is no intravascular access. (Maximum dose is 5 mg)
 - a. Repeat doses of Midazolam 0.2 mg/kg, IV/IN/IM, may be given if seizures persist. (Maximum repeated dose is 5 mg) IN is the preferred route of administration when there is no intravascular access.

Key Points / Considerations

- 1. Refer all weight or size-based medications to a Length based dosing device.
- 2. Do not administer Lorazepam, Diazepam or Midazolam if the seizures have stopped.